



Oceania

1st UHT Australia and New Zealand Cooperation

November 18th – 27th

for Seminars and Instructor Certification Training

with UHT Faculty Coordinator Rentao Ravasio and International Seniors Instructor Team

Please ask for detailed seminar and training flyers on address bellow!

TRAININGS	DATE	CONTENT
Training 1 B	November 18 – 27	10 Day Associate Instructor Training Participation in: Basic Training (Warm ups, Cosmic Orbit, Cosmic Inner Smile, Cosmic Healing Sounds, Iron Shirt I Tree, Turtle, Tao Yin, Healing Love) Certification: By evaluation possible for all Basic Practices with exception of Healing Love
Training 2 B	November 18 – 27	Ongoing Upgradings opportunity for already certified UHT European Instructors in any subject of the UHTS. Please download Upgrading registration form for Certified Instructors ore contact James Alamanos for futher information
Oceania Instructors Event	November 25 – 27	All Australian and New Zealand Instructors meet to initiate and form the UHT Oceania (UHT Australia and UHT New Zealand) joining the Continental Network Structure from 2011 onwards.

SEMINARS

Seminar 1A	November 18	Evening Seminar Healing Love A introduction to the Universal Healing Tao System and the secrets of healing love and tapping into your creative energies.
Seminar 2A	November 19 – 23	5 Day Basic Retreat Package For five days you learn and practice the very essence and foundation of the Universal Healing Tao System. Chi Kung (Qi Qong) warm up exercises, Inner Smile, 6 Healing Sounds as well as Iron Shirt and Healing Love.

Seminar 3A	November 19 – 20	2 Day Basic Learn the basic practices and techniques of the Universal Healing Tao System in an easily accessible format. You will be able to integrate and fit those simple techniques easily into your everyday life feeling full of energy, creative, connected as well as grounded.
Seminar 4A	November 21 – 23	3 Day Healing Love and Tao Yin The essence of sexual energy cultivation exercises for singles and couples are revealed and practiced. The conscious circulation and refinement of sexual energy supports our health, as well as enjoying harmonious, fulfilled relationships. Tao Yin consists of a set of breathing and back strengthening exercises that is very important for the lumbar region of your spine, especially for the psoas muscle.
Seminar 5A	November 24 – 25	2 Day Fusion I, Tan Tien Chi Kung & Tao Yin Supreme inner alchemy at its best. With the Fusion exercises you will deeply cleanse your main organs and transform negative and toxic emotions into positive life force. This is a powerful practice in opening many energetic channels as well as a strong mental training. It will increase your inner strength, power of choice and self autonomy.
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