

Tao of Healing Love

Free introduction & Mini workshop

21 July 2011

WORKSHOP

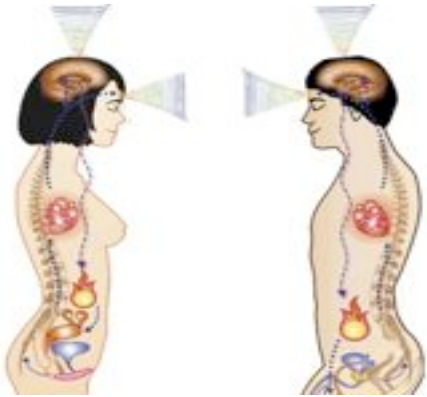
23-24 July

in The Life Centre, Stoke, Nelson

with **Gabrielle Euteneuer**

Connect the Love of your Heart with your Sexual Energy

The Tao of Healing Love teaches us how to 'cultivate' and direct our sexual energy through simple exercises and meditations. It has a strong basis of connecting the heart with our sexual organs and bringing more love in our lives.

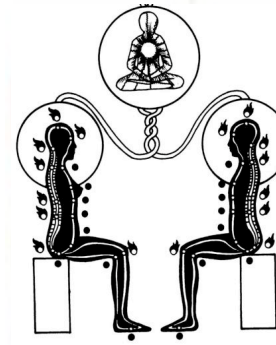


Through a series of gentle exercises, meditations and visualizations you can learn how to connect loving energy with your sexuality. They are positive, powerful tools that can support deepening love in our heart and for couples deepening their love to each other.

The exercises help you to cultivate your sexual energy - whether you have too much or not enough - and direct it. The Tao Love and Sexuality apply to the most important energies of human kind. They are the base for vitality, creativity and spirituality.

A special main emphasis is the connection of the sexual energy with the love in the heart. The association, which often comes together with a deep feeling of inner peace, is an important key to fulfilled sexuality, to deepen a relationship and lovingly of oneself.

The practices and meditations are for women and men of any age, whether single or in a relationship.



Thurs 7.30-9pm Free evening event
(Gold coin koha is welcome)

Sat 10 am - 6 pm Sun 10 am - 4 pm

Tuition \$195 (Early Bird \$180*)

Refresher \$180 (Early Bird \$160*)

**Course Fri 22 Jul & Workshop 23-24 July:
Tuition \$235 (Early Bird \$220*)**

Refresher \$210 (Early Bird \$190*)

* Paid \$50 by 20 June 2011 in The Life Centre account or received the cheque.

This workshop deepens the Tao Qigong practices and teaches the Healing Love exercises.

The Healing Love is Step 2 of the Tao basic practice. Prerequisite: Knowledge of Tao Qigong: Cosmic Orbit & Healing Sounds or attend this workshop:

Course: The Cosmic Orbit & Qigong

Fri 22 July 6.30pm-9pm \$50 (Refresher \$40)

Learn how to circulate Qi (life-force) in your body (*The Cosmic Orbit*), plus *Qigong* postures to correct and maintain good structures - in your body, emotions and spirit.

Through the exercises we will increase health and expand nourishing life force, reaching each body cell to effect rapid change.

Gabrielle Euteneuer born in Germany and now based in Christchurch is a Senior Instructor and Teacher of the 'Universal Healing Tao'. This is a complete system of physical healing and personal development, which incorporates a number of practices including Qigong, Taijiquan, Taoist Yoga, Tao of Inner Alchemy and Chi Nei Tsang (abdominal massage). She teaches internationally for more than 20 years. Gabrielle is authorised to train Associate Instructors in the Healing Tao.

Bank transfer: 06-0705-0412283-00 The Life Centre National Bank Nelson

For more info contact Gabrielle: tao@taomotion.com www.taomotion.com

To enrol phone 03 - 547 8468 or email: info@thelifecentre.co.nz

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