

ALCHEMY OF LIFE

for Women

An ancient art towards inner balance,
health and sensuality

Connect with your femininity



We live in a world where computers increasingly take over our lives. We get disconnected from our body, our lives accelerate to such an extent that we cannot cope.

Through the female practices “Alchemy of life” that include **Medical- & Bone marrow Qigong**, breathing and movement, it is possible to make a direct connection to your essence and find answers to the larger questions of life. It is a powerful way to become more fully alive and conscious.

Learn to nurture your essence in an easy, natural, feminine way. The transformation of sexual and reproductive energy acts as a revitalizing factor in one’s physical and spiritual development.

The exercises teach how you can apply your feminine energy in your life, in a practical and effective way while at the same time being still and fulfilled.

Reflect on life and respond in
a natural way

Gabrielle Euteneuer is a Senior Instructor and Teacher of the ‘Universal Healing Tao’, a complete system of physical healing and personal development.

Gabrielle offers **ongoing classes** and **one-to-one tuition** in Christchurch and **workshops, retreats** in Nelson, Auckland and Wellington.

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